



Arts Commerce and Science College Dharangaon, Jalgaon

REPORT

SPORT DEPARTMENT AND IQAC DEPARTMENT

Jointly Organize Workshop On

'दुःख निवृत्तीसाठी आणि कैवल्यपद प्राप्तीसाठी योग!'

('Yoga for Relieving Sorrow and Achieving Kaivalyapada!')

BETWEEN 14th MAY 2022 TO 14th JUNE 2022



WORKSHOP REPORT

IQAC and Department of Physical Education Arts, Commerce and Science College, Dharangaon jointly organize online workshop on 'योग: योगायोगयोगयोग योग योगयोगयोग योगयोगयोगयोग योग!' ('Yoga for Relieving Sorrow and Achieving Kaivalyapada!') between 14th May 2022 to 14th June 2022 at every Saturday on 7.30 am to 8.10 am on Zoom platform.

For this workshop total 60 participants of different age group and colleges are registered. Every Saturday at 7.30 am workshop would start. Each session would last for 40 minutes. The workshop conducted in online mode through zoom meetings.

Dr.S.M.Upasani is the resource person for this workshop.

Schedule of Workshop

Date	Day	Time	Sub Expert	Topics
21.05.2022	Saturday	7:30 to 8:10	Dr.S.M.Upasani	Introduction to Patanjali Yog & Yama
28.06.2022	Saturday	7:30 to 8:10	Dr.S.M.Upasani	Niyama
04.06.2022	Saturday	7:30 to 8:10	Dr.S.M.Upasani	Asana and benefit of Yog to human health
11.06.2022	Saturday	7:30 to 8:10	Dr.S.M.Upasani	Things beyond the physical existence
18.06.2022	Saturday	7:30 to 8:10	Dr.S.M.Upasani	Benefits of spirituality

Prof.Dipak N.Patil is a convener and Dr.Swapnil M. Khare is coordinator of the workshop. The workshop successfully completed under the expert guidance of Prin.Dr.T.S.Birajdar. For the success of workshop entire teaching and non teaching staff of Arts, Commerce and Science College, Dharangaon contributed strongly.



Dr.Swapnil M. Khare
Coordinator



Prof.Dipak N.Patil
Convener



Principal
Arts, Commerce and Science College, Dharangaon
Principal

Arts, Commerce & Science College
Dharangaon, Dist. Jalgaon





Arts Commerce and Science College Dharangaon, Jalgaon
SPORT DEPARTMENT AND IQAC DEPARTMENT
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'दुःख निवृत्तीसाठी आणि कैवल्यपद प्राप्तीसाठी योग!'

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Patron

Prin.Dr.T.S.Birajdar

Subject Expert

Dr.Shripad M.Upasani

Convener

Prof.Dipak N.Patil

Coordinator

Dr.Swapnil M.Khare

Click on the following link to join Workshop Whatsapp Group for Updates:

<https://chat.whatsapp.com/EoKlOFng11HHKJdaeUsFaS>

Link For Registration:

<https://forms.gle/RhvSYiyNgjUED7ro7>

The Workshop Will Be Conduct Through Zoom Meeting, Meeting Link Will Be Shared On The Whatsapp Group One Day Before The Schedule.

FOR MORE DETAILS REGARDING WORKSHOP PLEASE CONTACT ON

Prof.Dipak N.Patil: 9421525983, 8788516926

Dr.Swapnil M.Khare: 7875080042

Timestamp	Name	Date of Birth	College Name	Email	Mobile No.	Untitled Question
5/17/2022 12:58:47	Amit Anil Patil	28/01/1988	P.R. Society's ACS Colleg	amitraopatil1@gmail.com	7875057654	Option 1
5/17/2022 13:13:28	Dr Patil Pandurang Babur	20/10/1969	JDMVPS Nutan Maratha	pandurang1258@gmail.c	9823049842	Option 1
5/17/2022 13:46:43	Rakesh dnyaneshwer pat	2608203	Asc college Dhrangoan	rp1678843@gmail.com	9373685025	Option 1
5/17/2022 13:52:10	Abhishek lalit mali	25/10/2002	A. C. S college	Abhishekmali605@gmail.	7498191497	Option 1
5/17/2022 14:45:19	Fulchand Sunil Patil	16/06/2003	Arts, Commerce and Scie	fulchandpatil160603@gm	9370005706	Option 1
5/17/2022 18:38:16	Patil Rohini Vijay	21/02/2003	ACS college dharangaon	rvp8113@gmail.com	9923702113	Option 1
5/17/2022 19:07:32	Prafull bhikan patil	17 07 2002	ACs college dharangaon	prafullapatil1707@gmail.c	9322138184	Option 1
5/17/2022 20:23:54	Yogesh rajendra pawar	24/01/2004	Cala vanija siyanse mha	ypavar6@gmail.com	7798132949	Option 1
5/17/2022 21:11:31	Dr. Ravindra Duba Patil	01/06/1970	Vasantrao Naik Arts Scier	raviyash99@gmail.com	9421530119	Option 1
5/17/2022 21:12:54	Shirsath pratik sanjay	18/04/2001	Acs clg dharngoan	pratikshirasath@gmail.cc	9637396129	
5/17/2022 21:22:27	Dr Ajaykumar Soma Kolh	20/07/1967	Arts and Science College	kolheajaykumar4@gmail.	9970722029	
5/18/2022 13:51:49	Dipali narayan sonawane	25/5/2003	Art commerce science dh	Dipalisonawane908@gma	7798712308	Option 1
5/19/2022 22:00:39	Kalpesh Dnyaneshwar pa	22/02/2002	Acs college dharngaon	kp4622561@gmail.com	9370760793	Option 1
5/19/2022 22:03:25	ShaEEK khan ashfaqE k	25/01/2003	Arts Commerce science	ShaeekEkhEan5588@gm	9503169052	Option 1
5/19/2022 22:03:31	Dipali Gulabrao Mahajan	12/09/2003	ACS college Dharangaon	gulab mahajan 513@gma	9545959137	Option 1
5/19/2022 22:06:07	Narendra mohan marathe	15/12/2000	A.C.S.College,Dharangac	narendramarathe000@gn	9168315456	
5/19/2022 22:16:59	Ashvini rajendra patil	11/ 10 /2003	A C S college Dharngaon	patilashvini073@gmail.co	9764031360	Option 1
5/19/2022 22:17:41	Gayatri kashinath wagh	29-6-2002	Arts, commerce and scier	gp9520866@gamil.com	9322301318	
5/19/2022 22:17:54	SANJAY MAHADU PATIL	19/03/2003	P. R highschool	patilnilesh3876@email.co	09322733790	Option 1
5/19/2022 22:19:27	Mayuri ravindra Mali	31-10-2003	AC&S college dharngon c	Mayuri mali 3110003@.cc	9359031616	Option 1
5/19/2022 22:34:58	devayani hansrajpuri gos	17/11/2002	A.c.s college	devayanigosavi9@gmail.c	7620008247	Option 1
5/19/2022 22:38:44	Vishal dhanaraj Patil	27092002	Asc college dhargaon	Vishalp27092002@gmail.	7620485711	Option 1
5/20/2022 0:14:56	Bhagyashri tejmal patil	12/10/2002	ACS. college dharanaon	bhagyashripa123@gmail.	8010099505	Option 1
5/20/2022 6:37:36	Patil Mitesh Ishwar	24/12/2003	ACS COLLEGE DHARAN	miteshpatil1636@gmail.c	7709763128	Option 1
5/20/2022 7:03:13	Patil Urmila Anil	3/5/2003	P.R.HIGH SCHOOL SOC	urmilaapatil2003@gmail.c	9764493268	Option 1
5/20/2022 7:46:10	Darshana Sandip Dahicha	10/01/2003	Arts Commerce And Scier	darshanadihicha@gmail.c	8767881502	Option 1
5/20/2022 9:37:39	Shubham sonawane	15/05/2003	ACS college dharangaon	shubhamsonawane15052	7507371506	Option 1
5/20/2022 9:46:10	Sonali Bhatu Mali	12/01/2002	ACS college Dharangaon	Sonalimali765@gmail.cor	9322875720	Option 1
5/20/2022 10:12:41	Patil Sangita Kalyan	10/9/2003	A. C. S. College Dharang	sangitakpatil2003@gmail.	8918163896	Option 1
5/20/2022 14:32:13	Ganesh sanjay chaudhari	17/10/2003	A.c.s. college dharangaor	ganeshvishu2003@gmail	7709175828	Option 1
5/20/2022 14:33:14	Ganesh sanjay chaudhari	17/20/2003	A.C.S college dharangaor	ganeshvishu2003@gmail	7709175828	Option 1
5/20/2022 17:59:04	Madhuri Rajendra Fulpag	9/11/2001	ACS College, Dharangoa	madhurifulpagar2001@gr	9209090779	

Timestamp	Name	Date of Birth	College Name	Email	Mobile No.	Untitled Question
5/20/2022 20:19:40	Raj ravindra pawar	2/12/2002	Arts commerce science C	rajravindarpawar618@ga	7498858308	
5/20/2022 20:40:04	Patil Nikita Shantilal	06/04/2003	A.c.s. college dharangaor	gauravlikes9322@gmail.c	9322354346	
5/20/2022 20:46:36	Rohini narayan gurav	29122002	Art's science commerce C	guravbhavesh15@gmail.c	7758881670	Option 1
5/20/2022 21:03:50	Jayshri Sopan Baviskar	09/01/2003	A.C.S College Darangour	Jayshribavisakar2003@G	9834521176	Option 1
5/20/2022 21:44:58	Shinde Nikita Anil	19/04/2002	A. C . S College dharanga	shindenikita252@gmail.co	9112242503	Option 1
5/20/2022 22:05:07	Kajal Devidas Badgujar	02/06/2002	Art's, Commerce and Scie	kdbadgujar1234@gmail.c	7387683264	Option 1
5/20/2022 22:08:33	Rina satish mahajan	01092003	Acs collage Dharangaon	satishmahajan556@gmai	7498977174	Option 1
5/20/2022 22:14:47	Jagruti ramkrishna mali	3/5/2002	P r College dharangaon	jagruti.mali9918@gmail.c	8698084388	Option 1
5/20/2022 22:15:16	Patil Neha Ramdas	27/05/2002	P. R. High School Arts, Co	nehapatil27052002@gma	8956767347	Option 1
5/20/2022 22:49:53	Patil Tejal Naval	09/07/2003	Arts, Commerce & Scienc	tejalnpatil3703@gmail.coi	8788937842	Option 1
5/20/2022 22:54:23	Aishwarya sharad rokde	30/12/2002	Arts,Commerce & science	aishwaryarokde3012@gn	9370648102	Option 1
5/20/2022 23:13:10	Dr. Gajanan govinda jadh	13/10/1983	ACS college dharangaon	gjadhao.jadhao414@gma	9922302841	Option 1
5/20/2022 23:23:31	Vishnu Balu Patil	20/08/2003	ACS College Dharangaon	patilvishnu2003@gmail.co	7498193198	Option 1
5/21/2022 7:23:46	Dipak N Patil	14/05/1977	ACS College Dharangaon	dipaknpatilic@gmail.com	9421525983	Option 1
5/21/2022 7:37:14	Bhavesh Vijay pqtill	19/07/2002	PR college	tp759354@gmail.com	8320748970	Option 1
5/21/2022 7:46:10	Patil Manisha ramesh	02/10/2001	Acs college Dharangaon	Mp128694@gmail.	8600221442	Option 1
5/21/2022 8:06:33	Bhagyashri sharad khairn	16 Feb 2003	A , c & s college dharanga	bkharnar594@gmail.com	9156307701	Option 1
5/21/2022 10:36:40	Samruddhi nimba marath	19/09/2002	Arys	marathesamruddi80@gm	9325105008	Option 1
5/21/2022 11:34:32	Pankaj chaudhari	05/05/2001	ACS college dharangaon	ppchaudhari9284@gmail.	9284500110	Option 1
5/21/2022 11:44:41	Payal Sanjay gayakwad	02 10 2002	Acs college dharangaon c	Payalgayakwad22@gmai	9309738205	Option 1
5/21/2022 11:45:36	Vaishnavi prakash patil	26072003	Arls commerce & science	vaishnavipatil2607@gmai	9028070655	Option 1
5/21/2022 13:10:33	Shubhangi bhagwan patil	8/9/2001	Arts ,commerce ,science	shubhangibhagwanpatil85	7796841694	Option 1
5/21/2022 13:12:46	Shubhangi bhagwan patil	8/9/2001	Arts ,commerce ,science	shubhangibhagwanpatil85	7796841694	
5/25/2022 9:58:48	Ashwini santosh chaudha	12/10/2003	Acs college dharangaon	chaudhariashwini2003@g	8459587520	Option 1
5/25/2022 22:15:10	Ashwini santosh chaudha	12/10/2003	Acs college dharangaon	chaudhariashwini2003@g	8459587520	Option 1
5/28/2022 7:44:15	Ashwini santosh chaudha	12/10/2003	Acs college dharangaon	chaudhariashwini2003@g	8459587520	Option 1
5/30/2022 10:30:08	Ashwini santosh chaudha	12/10/2003	Acs college dharangaon	chaudhariashwini2003@g	8459587520	Option 1
6/10/2022 11:34:39	Yogeshwari Eknath Maha	23_05_2003	Arts Commerce and Scier	mahajanyogeshwari78@g	8010893548	Option 1

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